



পরিবার পরিকল্পনা অধিদপ্তর

## Technical Assistance for Strengthening DGHS and DGFP capacity to Scale Up Comprehensive Menstrual Regulation Care (CMRC) in Bangladesh



Foreign, Commonwealth & Development Office



Photo credit: ISRHRD project, Ipas Bangladesh

Donor	Timeline
Foreign, Commonwealth & Development Office (FCDO)	Mid-March 2026 to mid-February 2027

### Why this project

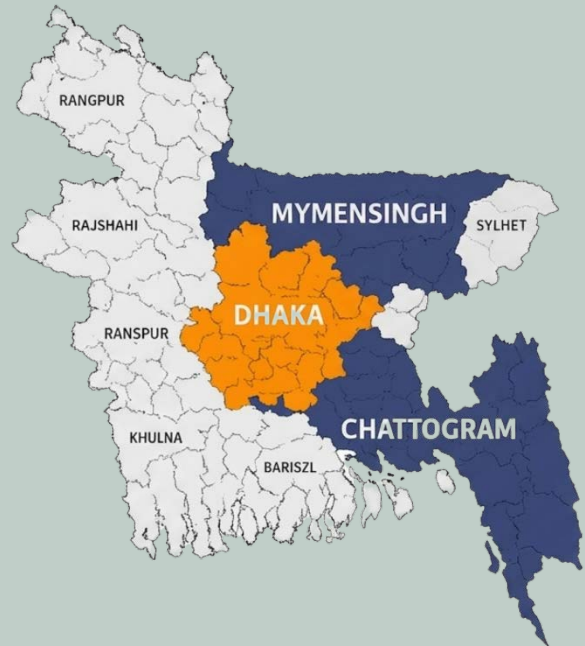
To enhance the institutional and service delivery capacity of DGHS and DGFP to effectively scale up Comprehensive Menstrual Regulation Care (CMRC), thereby contributing to the achievement of SDG 3.1, SDG 3.7, and SDG 5.6.

## What is the aim

The aim of the project is to ensure that women and adolescents can access and utilize rights-based, high-quality, and non-judgmental CMRC services that promote informed choice, empower individuals, uphold human rights, and leave no one behind.

## Where does the project work

The project will be implemented in three (03) divisional districts of Bangladesh. They are Dhaka, Mymensingh and Chattogram.



## How will the project make a difference? (Proposed Interventions)

- i) Establish Four (04) National Training Hubs (NTH)
- ii) Develop and implement a comprehensive Quality of Care Systems
- iii) Provide technical assistance Health Management Information Systems (HMIS) for CMRC
- iv) Establish and functionalize Governance Oversight Committee

### What are the expected milestones?

- Four fully functional National Training Hubs (NTHs)
- 40 certified Master Trainers
- National QA framework for Comprehensive MR Care
- CMRC dashboard
- Functional Technical Oversight Committee on CMRC

## Who is with us

This project works with key strategic partners across Bangladesh's health system, including the Directorate General of Health Services (DGHS), the Directorate General of Family Planning (DGFP), and the Directorate General of Nursing and Midwifery (DGNM). The project also collaborates with major medical institutions such as Bangladesh Medical University (BMU), Chattogram Medical College Hospital (CMCH), and Mymensingh Medical College Hospital (MMCH), as well as the Maternal and Child Health Training Institute, Azimpur (MCHTI).